

Here at The Swanage Haven our aim is to make your stay with us both a relaxing and memorable one.

Having arrived after your long journey why not unwind and start your holiday with a bit of self indulgence.

Book yourself a nice all over body massage or a rejuvenating facial and treat yourself to a dip in the hot tub beforehand.

Contact Dianne for a free consultation and to discuss your therapy requirements.



Swanage  Haven

Eyes..

A patch test maybe needed 24h prior.. to treatment (tint only)..

Eyelash tint 20 min £15.00..

Eyebrow tint 15 min £10.00..

Eyebrow shape (wax) 15 min £10.00..

Feet..

Mini Pedicure 30 min £20.00..

Luxury Pedicure 45 min £30.00..

Please ask for other therapies and.. treatments including waxing...

..Please note only one treatment can be accommodated at time..

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Go on
Indulge
Yourself!



Swanage Haven
Therapies

Massages

The Swanage Haven offers a full range of massages. From a soothing facial massage to a revitalising shoulder & back massage. treat yourself to a relaxing massage that will leave you feeling fabulous all over.



Full Body Massage

A truly holistic experience, focusing on relaxing the muscles and calming the emotions, using almond or lavender oil, this massage aims to improve blood flow to the muscles while loosening the knots and tightness occurring during our every day lives. £40.00 (Allow 1 hour)

Shoulder & Back Massage

This fusion of eastern and western massage helps to restore your body's natural equilibrium incorporating pressure point techniques and specially blended oils. £25.00 (Allow 35 min's)

Head, Neck and Facial Massage

A soothing treatment including a facial cleanse and massage to the head, neck and face. £25.00 (Allow 35 min's)

Hot Stones

Smooth, glistening heated stones are massaged into the body, increasing circulation and easing muscular tension, while cold stones are applied to refresh and stimulate.



This hot stones massage is a wonderfully relaxing and energising treatment.

£40.00 (Allow 1 hour).

Facials

Discover a range of indulgent facials that work to revitalise, replenish and hydrate, leaving you with healthy, glowing skin. Our skin firming treatments are fantastic face care delights, tightening, toning and refreshing tired skin and taking years off you

Collagen Facial

This hydrating facial is designed to target fine lines and wrinkles. A collagen mask and serum applied to the face and neck help to lessen the signs of ageing. £40.00 (Allow 45 min's)

Radiance Facial

Designed to refresh and rejuvenate the skin this hydrating facial includes cleansing, exfoliation and a choice of either facial massage or face mask to address your skin concerns. £30.00 (Allow 35 min's)



Spa Packages

(treatments can be exchanged to suit your own requirements)

Mind & Body

(Full Body massage plus head neck & facial) £85.00 (allow 2 hrs 15 mins)

Head to Toe

(Facial, eyelash tint, plus manicure or pedicure) £85.00 (allow 2 hrs 15 mins)